



PARISI SPEED SCHOOL ANNOUNCES SUCCESSFUL 2009 NFL COMBINE RESULTS

Parisi's Class of '09 All Place Top Six In At Least One Event

(February 26, 2009 - FAIR LAWN, NJ) – Parisi Speed School, the leader in youth fitness and sports performance training, has announced another successful performance at this year's NFL Combine Program held recently in Indianapolis. The 2009 class of twelve athletes that participated in Parisi's industry-leading NFL Combine Training Program all placed in the top six or higher in at least one Combine event.

The 2009 NFL Scouting Combine is a critical event that can translate to millions of dollars for top performers. For six days from the RCA Dome in Indianapolis, prospective NFL players are put through a series of drills, tests and interviews with more than 600 NFL personnel including head coaches, general managers and scouts. And for most of these participants, their performance during individual drills at the combine will go a long way toward determining their draft status in April.

Sportstars, a leading sports management agency based in Manhattan, has been sending their clients to Parisi for the last eight years. "We partner with Parisi Speed School because they offer our clients the best NFL Combine Training Program in the country," said Alan Herman, partner of Sportstars. "The results speak for themselves."

Over the past 7 years, The Parisi Speed School has been the nation's authority in preparing college football players for the NFL Combine. Parisi has produced the fastest 40 yard dash at 10 different positions, including the overall fastest man at the 2001, 2004, 2005 and 2006 Combine & the 3rd fastest man at the 2002, 2004 and 2006 Combine. Parisi athletes have also shattered six all-time Combine records in the 20 and 60 yard shuttles, 3 cone drill, broad jump and have won individual events at 10 different positions. These results have helped over 115 players get drafted over the past seven years.



Chris Long, last year's #2 Overall NFL Draft pick by the St. Louis Rams, was a Parisi client as well and his performance at the NFL Combine solidified his draft position.

"We might not have a top 2 NFL Draft pick in our 2009 class, but we certainly have a group of twelve men who are going to surprise a lot of people regarding their draft position this year," said Martin Rooney, Chief Performance Officer of Parisi Speed School. "Each of them placed in the top 6 in at least one event which is a huge accomplishment and a testimonial to how well the Parisi program is working."

PARISI SPEED SCHOOL'S NFL COMBINE TRAINING PROGRAM- 2009 RESULTS

Fastest Defensive Lineman: Lawrence Sidbury (4.64)

Fastest Running Back: Cedric Peerman Virginia (4.45)
Fastest Defensive End: Lawrence Sidbury Richmond (4.64)
Fastest Center: Jonathan Luigs Arkansas (5.14)
Fastest L Drill for Tight Ends: Jonathan Phillips Virginia (6.84)
Highest Vertical Jump for Center: Jonathan Luigs Arkansas (31")
Highest Vertical Jump for Inside Linebackers: Jasper Brinkley South Carolina (35.5")

2nd Highest Vertical for RB: Cedric Peerman Virginia 40 inches
2nd Best Bench for RB: Cedric Peerman Virginia 27 reps
2nd Best Bench for Inside Linebackers: Jasper Brinkley South Carolina 26 reps
2nd Highest Vertical for LBs overall: Jasper Brinkley South Carolina 35.5"

3rd Fastest Running Back: Kory Sheets Purdue 4.47
3rd Fastest Inside Linebacker: Jasper Brinkley South Carolina 4.72
3rd Best Bench for WR: Greg Orton Purdue 22 reps
3rd Fastest 5/10/5 for Tight Ends: Jonathan Phillips Virginia 4.27
3rd Fastest 60 yard shuttle for WR: Deion Butler Penn State 11.32
3rd Best 5/10/5 for ILB: Jasper Brinkley South Carolina 4.32
3rd Best Bench for Inside Linebackers: Jasper Brinkley South Carolina 26 reps
3rd Fastest 60 yard shuttle for TE: Jonathan Phillips Virginia 11.77

4th Fastest Wide Receiver: Deion Butler Penn State 4.38
4th Fastest L Drill for ILB: Jasper Brinkley South Carolina 7.03
4th Farthest Broad Jump for all DL: Lawrence Sidbury Richmond 10'
4th Highest Bench for WR: Quentin Lawrence McNeese St. 20 reps
4th Highest Vertical for TE: Jonathan Phillips Virginia 33.5"
4th Farthest Broad Jump for WR: Greg Orton 10'5"
4th Highest Bench for RB: Javarris Williams Tennessee State 25 reps
4th Farther Broad Jump for RB: Kory Sheets Purdue 10'1

5th Fastest 60 yard shuttle for RB: Kory Sheets Purdue 11.70
5th Highest Vertical for RB: Kory Sheets Purdue 37"

6th Farthest Broad Jump for QB: Drew Willy Buffalo 9'1
6th Fastest Tight End: David Johnson Arkansas State 4.73
6th Highest Bench Press for Tight End: David Johnson Arkansas State 21 reps
6th Fastest Running Back: Javarris Williams Tennessee State 4.52
6th Fastest Linebacker Overall: Jasper Brinkley South Carolina 4.72
6th Fastest L Drill for Linebackers overall: Jasper Brinkley South Carolina 7.02
6th Highest Vertical for WR: Greg Orton Purdue 38"

ABOUT PARISI SPEED SCHOOL

Founded by Bill Parisi in 1992, Parisi Speed School's mission is to Empower America's Youth through best in class speed and performance training programs. With over 40 franchise locations across the United States, Parisi provides its partners with proven systems to both penetrate the youth fitness market and enhance family membership sales. The company has trained well over 100,000 athletes ranging from beginner levels to world class professionals in all sports. Parisi Speed School has been featured by media outlets such as ESPN, Fox Sports Net, NFL Network, NBC, The New York Times, Sporting News and Sports Illustrated.

MEDIA CONTACT: Steven Haase, GrowthAgents, 609/532-9356- cell, steven@growthagentsinc.com